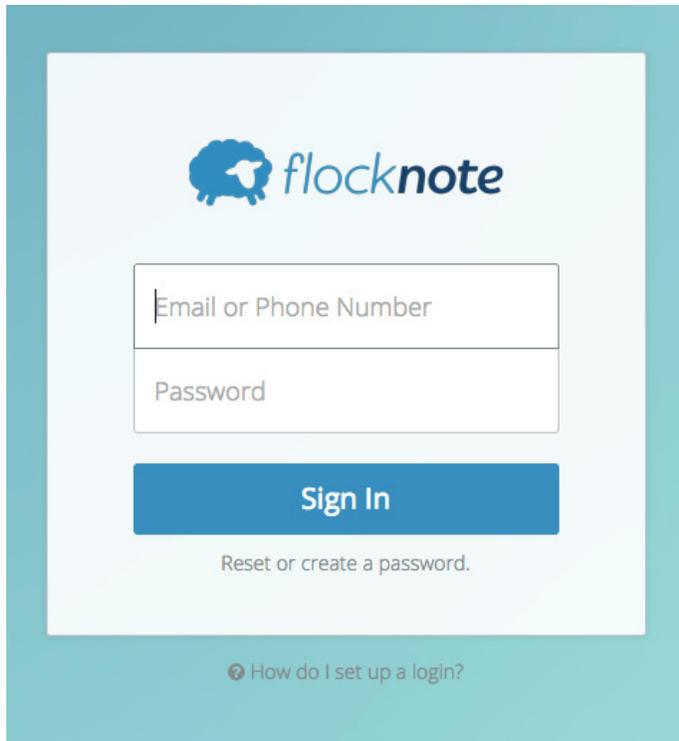


Go to flocknote.com/login



 flocknote

Email or Phone Number

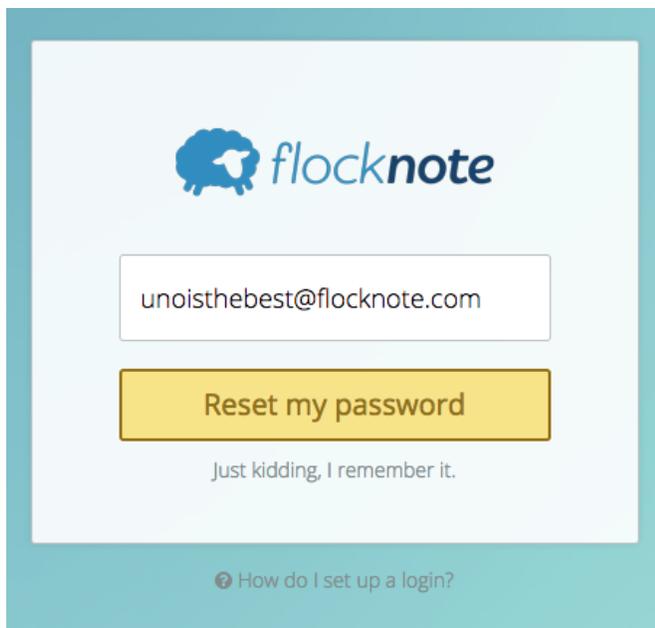
Password

**Sign In**

Reset or create a password.

[How do I set up a login?](#)

Enter your email address (or phone number, if that's all you've registered with), then click "Reset or create a password" below the big blue "Sign In" button.



 flocknote

unoisthebest@flocknote.com

**Reset my password**

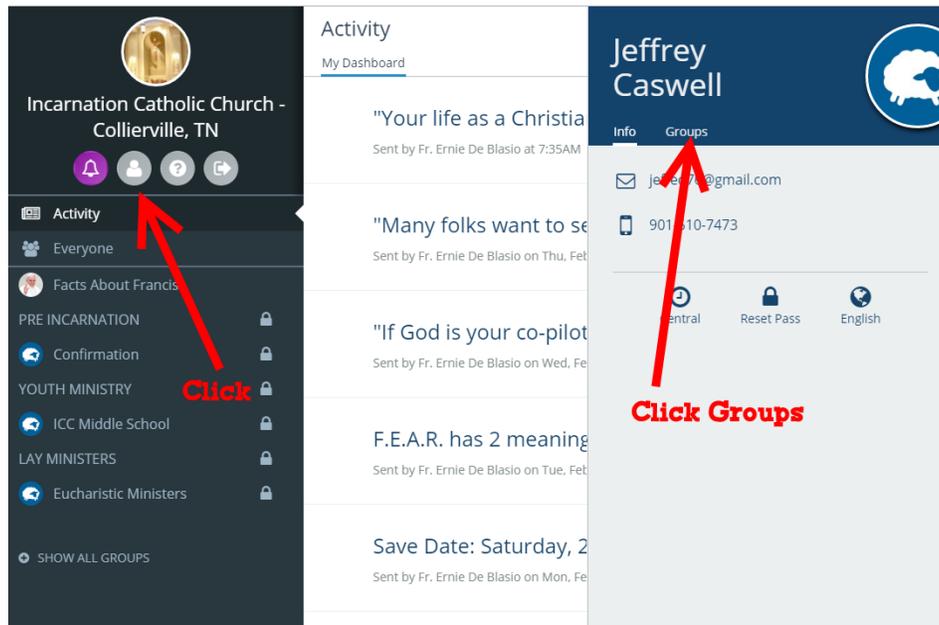
Just kidding, I remember it.

[How do I set up a login?](#)

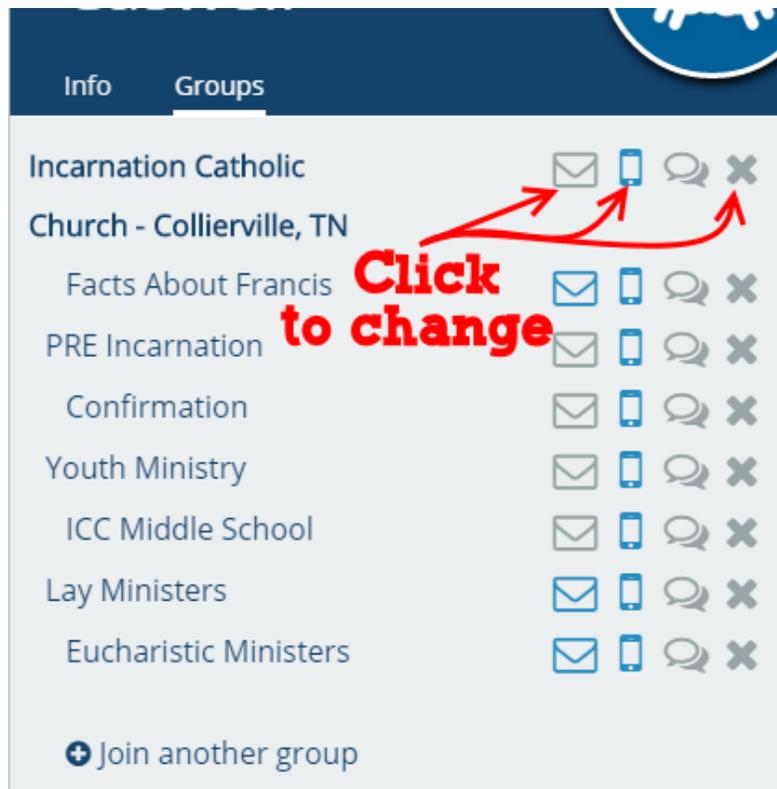
After that, click the yellow "Reset my password" button. Flocknote will send you a link to "reset" your password, *even though you never had one in the first place.*

Once you're set up, login back in to Flocknote.

Click on the little "man" icon on the left and a window pops out from the right. Click "Groups."



Click the envelope, phone, comment, or X icons to enable text, email, comments, or to leave the list entirely. (Flocknote will only contact you through ONE service, email or text, for each message.)



You're done!